

# Comfort in God

## THE CREATOR & REDEEMER

### A Lament of Affliction Psalm 102

Outline of Psalm 102

- The Title
- The First Lament (Verses 1-11)
- The View of Faith (Verses 12-22)
- The Second Lament (Verse 23-24)
- The Final Word (Verse 25-28)

#### Main Idea

Suffering, affliction, and maybe even death are certain in the life of the Christian, but fix your eyes on Jesus and see his suffering in your place.

#### 1. Our Certain Suffering

- Lamenting is the biblical processing of our hurts in life.
- When we lament, there is also often a path that quickly leads to repentance to God.
- We should take great comfort in and remind one another of the glorious character of God.

#### 2. Our Sympathetic Savior

- It is Jesus who is the truly afflicted one!- Hebrews 1:10-12
- Jesus is with us in our suffering and sympathizes with us because he faced the same afflictions of this world we live in, but HE DID NOT SIN!
- Come to Jesus in your affliction.

## Sermon Study Guide

(Reminder: The purpose of the questions is to explore the text and themes of the sermon. **Do not feel a need to go through all of the questions.** The goal is to stimulate discussion/reflection and transformation related to the sermon text and themes.)

1. What evidences of grace have you seen since we last met?
2. What stuck out to you from the sermon Sunday?
3. According to the Bible what is a lament? Why should our laments ultimately lead us to repentance of sin? How can you incorporate lament in your prayer life?
4. What is often your response to affliction? In what ways can the character and promises of God encourage you in your suffering?
5. How is Jesus with us in our suffering? How can you encourage yourself and others of this?
6. What sin did the Holy Spirit convict you of in this sermon?
7. How were you encouraged by this passage?
8. How does this passage connect to or inform our understanding of the gospel?